

17th Advanced Certificate Course in Diabesity

15th-16th
AUGUST 2026

HOTEL PULLMAN AND NOVOTEL
AEROCITY, NEW DELHI

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Advanced Certificate Course In Diabetesity 2026 In Collaboration With EASD

BANTING HALL- Day-1: 15-08-2026

Time	Session / Topic	Faculty / Details
09:00am Onwards	Registration	
10:30am-11:00am	INTRODUCTIONS AND WELCOME	Dr. B M Makkar
11:00am-11:30am	Keynote Lecture	Coordinator: Dr. Kirti Soota
	Chairpersons: Dr. Vinod Kumar, Dr. Banshi Saboo, Dr. Jugal Kishor Sharma	
	Understanding Pathophysiology of Diabetes	Dr. Adi E Mehta
11:30am-01:00pm	SESSION-1	Coordinator: Dr. Seema Shahi
	Chairpersons: Dr. SV Madhu, Dr. Sunil Kohli, Dr. Anchin Kalia	
	SGLT2 Inhibitors in the Cardio-Renal-Metabolic Era: What Do They Teach Us About Fuel Metabolism?	Dr. Mikael Ryden
	Are we treating T2D right? - Focus on Adiposity	Dr. B M Makkar
	A rational approach to treating dyslipidemia	Dr. Adi E Mehta
	Lp(a) - A Genetic Time Bomb	Dr. PC Manoria
	DISCUSSION	
	Quiz	
01:00pm-02:00pm	Lunch	
02:00pm-03:15pm	SESSION-2	Coordinator: Dr. Jugal Kishor Sharma
	Chairpersons: Dr. Rakesh Parikh, Dr. Minal Mohit, Dr. Vipul Gupta	
	Combining Basal Insulin and GLP1Ra	Dr. Sunil Gupta



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Time	Session / Topic	Faculty / Details
	10 solutions to overcome the challenges in using AID(Automated insulin delivery) in India	Dr. Jothydev Kesavadev
	From Molecule to Outcomes: Once-Weekly Insulin Icodec	Dr. Banshi Saboo
	Discussion	
	Quiz	
03:15pm-03:45pm	DEBATE	Coordinator: Dr. Anchin Kalia
	Chairpersons: Dr Sunil Gupta, Dr. SK Agarwal, Dr. Surjadeep Sengupta	
	Do we still need diet and exercise in an era of Dual Tri and even Quad analogues?	For : Dr. David Strain Against :Dr. Adi E Mehta
03:45pm-04:15pm	Keynote Lecture	Coordinator: Dr. Pooja Relia
	Chairpersons: Dr. Hemant Thacker, Dr. Girish Khurana, Dr. Manisha Arora	
	White Adipose Tissue: The Forgotten Driver of Type 2 Diabetes and Cardiovascular Disease	Dr. Mikael Ryden
04:15pm-05:15pm	SESSION - 3	Coordinator: Dr. Hitesh Saraogi
	Chairpersons: Dr.Dina Shreshtha, Dr. Hanish Gupta, Dr. RM Chhabra	
	Heterogeneity in Diabetes in India	Dr. Ashok Kumar Das
	Heterogeneity in Obesity in India	Dr. Neeta Deshpande
	Practical Implications	Prof. Dr. Leszek Czupryniak
	DISCUSSION	
	Quiz	
05:15pm-05:30pm	TEA BREAK	



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Time	Session / Topic	Faculty / Details
05:30pm-06:45pm	SESSION-4	Coordinator: Dr. Pooja Relia
Chairpersons: Dr. Bikash Bhattacharya, Dr. Swati Srivastava, Dr. Amitesh Agarwal		
	All about Tirzepatide	Dr. David Strain
	All about Semaglutide	Prof. Dr. Leszek Czupryniak
	Oral GLP1 Analogues	Dr. David Strain
	Panel Discussion	Dr. Jugal Kishor Sharma Dr. Sanjay Agarwal, Dr. Hemant Thacker
Quiz		
06:45pm-08:15pm	SESSION-5	Coordinator: Dr. Manish Gupta
Chairpersons: Dr. Mukulesh Gupta, Dr Deepak G Pandey, Dr. Narsingh Verma		
	Understanding adipose insulin resistance and the effects of weight loss	Dr. Mikael Ryden
	How can AI help you in clinical practice	Prof. Dr. Leszek Czupryniak
	Fraility,Sarcopenia, Diabetes and Newer Agents	Dr. David Strain
	Precision nutrition along with weight loss therapy: Defending lean mass as a standard of care	Dr. Anuj Maheshwari
DISCUSSION		
Quiz		
08:15pm-10:30pm	Networking Dinner	



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BANTING HALL- Day-2: 16-08-2026

Time	Session / Topic	Faculty / Details
09:00am-09:15am	RECAP OF DAY 1	
09:15am-10:30am	SESSION – 6 : First Line Therapy in Type 2 Diabetes	Coordinator: Dr. Vipul Chavda
	Chairpersons: Dr. Brij Mohan Arora, Dr. Paras Gangwal, Dr. Amarpreet Riar	
	GLP1 Ra Based Therapies	Dr. Mikael Ryden
	SGLT2i	Prof. Dr. Leszek Czupryniak
	Combination Therapy	Dr. David Strain
	Panel Discussion	Dr. Aravinda Jagadeesha Dr. Hanish Gupta, Dr. Dina Shreshth
	Quiz	
10:30am-11:00am	DEBATE – Which is Better?	Coordinator: Dr. Kirti Soota
	Chairpersons: Dr. Indrashish mukherjee, Dr. Amit Sharma, Dr. Ajay Yadav (Nepal)	
	Semaglutide	Dr. Adi E Mehta
	Tirzepatide	Dr. Rajeev Chawla
11:00am-11:15am	TEA BREAK	
11:15am-12:45pm	SESSION - 7	Coordinator: Dr. Dhruvi Hasnani
	Chairpersons: Dr. Rupam Das, Dr. Amitabh Khanna, Dr. Ajay Kumar Gupta	
	Early identification of CVD and renal risk in patients with type 2 diabetes - Why is it important?	Dr. Johanna Brix
	Do we need CGM for persons living with Type2 Diabetes	Dr. Manoj Chawla



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BANTING HALL- Day-2: 16-08-2026

Time	Session / Topic	Faculty / Details
	Cure for Diabetes - Hope or Hype	Dr. Shashank Joshi
	Future Therapies for Type 2 Diabetes and Obesity	Dr. Johanna Brix
DISCUSSION		
Quiz		
12:45am-01:10pm	Keynote Lecture	Coordinator: Dr. Seema Shahi
Chairpersons: Dr. NN Jha, Dr. Neelesh Kapoor, Dr. Hitesh Saraogi		
	PMOS	Dr. Johanna Brix
01:00pm-02:00pm	Lunch	
02:00pm-02:45pm	SESSION - 8	Coordinator: Dr. Jugal Kishor Sharma
Chairpersons: Dr. Pankaj Nand Chaudhary, Dr. Ashish Gautam, Dr. Deepak Gupta		
	ADA EASD Consensus Statement on Management of Type 2 Diabetes - Management of Hyperglycemia	Prof. Dr. Leszek Czupryniak
	Sex Matters in Diabetes: Mechanisms, Management and Metabolic Health in Women	Dr. Johanna Brix
DISCUSSION		
02:45pm-03:45pm	SESSION - 9	Coordinator: Dr. Kshitij Kumar
Chairpersons: Dr. Rohit Kapoor, Dr. Rajesh Kesari, Dr. Saurabh Srivastava		
	Does Weight Loss "Reset" Adipose Tissue? Remodeling, Inflammation and Fat Memory	Dr. Mikael Ryden
	The Dirty Secrets of Weight Loss	Dr. Adi E Mehta
PANEL DISCUSSION		



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BANTING HALL- Day-2: 16-08-2026

Time	Session / Topic	Faculty / Details
	Do's and Don'ts of Weight Management	Dr. Abhishek Srivastava Dr. Prabhat Agarwal Dr. Purvi Chawla
	Quiz	
03:45pm-05:00pm	LESSONS FROM CLINICAL TRIALS	Coordinator: Dr. Kirti Soota
	Chairpersons: Dr. Puneet Khanna, Dr. VK Goyal, Dr. Sushil Chauhan	
	Attain Maintain	Dr. Shalini Jaggi
	ESSENCE Unveiled - Transforming MASH Management with Innovator Semaglutide	Dr. Shashank Joshi
	Cagrisema	Dr. Anubha Srivastava
	Triumph	Dr. Pratap Jethwani
	Vesper 1,2,3	Dr. Ajoy Tiwari
	SURPASS 3 MRI	Dr. Jasjeet Wazir
	DISCUSSION	
05:00pm-5:30pm	Closing Remarks and Feedback, INTERACTION WITH FACULTY OVER A CUP OF TEA	



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BEST HALL- Day-1: 15-08-2026

Time	Topic	Chairpersons: Dr. Anupama Khanna, Dr. Navneet Singh
12:00pm-12:15pm	Obesity-Diabetes Continuum in India: The Power of Dual Agonism	Dr. Mukulesh Gupta
12:15pm-12:30pm	Redefining T2D Care Through Weight Reduction	Dr. Sushil Kotru
12:30pm-12:45pm	Beyond GLP-1 RAs: Mounjaro – A Class of Its Own	Dr. Amit Gupta
12:45pm-01:00pm	Case Discussion: Real-World Experience with Mounjaro	Dr. Prabhat Aggarwal
01:00pm-01:15pm	Q & A	Dr. Rohit Kapoor
02:00pm-03:00pm	Managing Obesity in Clinical Practice	Moderators: Dr. Bijay Patni, Dr. Anjali Nakra
02:00pm-02:20pm	1. Evaluation of Obesity	Dr. Jasjeet Wazir
02:20pm-02:40pm	2. Challenges in using modern AOMs	Dr. R P S Makkar
02:40pm-03:00pm	3. Beyond Pharmacotherapy: Obesity Interventions	Dr. Ketan Pakhale
03:45pm-04:45pm	All About Body Composition Analysis	Moderators: Dr. Purvi Chawla, Dr. Kshitij Kumar
	Understanding and Interpreting BCA	Dr. Yoonjo Bae
05:00pm-06:00pm	Setting up DIABESITY CLINIC	Moderators: Dr. Anchin Kalia, Dr. Malay Parekh
05:00pm-05:20pm	1. Team	Dr. Seema Shahi
05:20pm-05:40pm	2. Infrastructure	Dr. Paras Agarwal
05:40pm-06:00pm	3. Protocol	Dr. Kirti Soota



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SIMS HALL- Day-1: 15-08-2026

Time	Topic	Speaker
12:00pm-01:00pm	CGM Workshop	Moderators: Dr. Paras Gangwal, Dr. Inder Kasturia
12:00pm-12:20pm	1. How to interpret CGM	Dr. Rakesh Parikh
12:20pm-12:40pm	2. Different CGM devices available	Dr. Vipul Chavda
12:40pm-01:00pm	3. CGM in Type 2 Diabetes – Do we need for all?	Dr. Paras Gangwal
03:00pm-04:00pm	Insulin Workshop (SANOFI)	Moderators: Dr. Ajay Pratap, Dr. Meena Chhabra
03:00pm-03:20pm	1. Starting Right with Second Generation Basal insulin	Dr. Mudit Sabharwal
03:20pm-03:40pm	2. iGlarLixi as a first injectable Simplifying real world clinical practice	Dr. B M Makkar
03:40pm-04:00pm	3. Discussion	
05:00pm-06:00pm	Evaluation of Diabetic Peripheral Neuropathy and Diabetic Foot	Moderators: Dr. Sanjay Garg, Dr. Manish Gupta
05:00pm-05:20pm	1. 2 mins foot evaluation	Dr. Rajeev Chawla
05:20pm-05:40pm	2. Evaluation of Diabetic Peripheral Neuropathy	Dr. Sandeep Suri
05:40pm-06:00pm	3. Clinical Management of Diabetic Foot	Dr. Amarpal Suri
06:00pm-07:00pm	Nutritional Supplements in Managing Obesity and Diabetes	Moderators: Dr. Rakesh Pandita, Dr. Nitin Kaura
06:00pm-06:20pm	1. Role of Nutritional Supplements in Diabetes Management	Dr. Shilpa Verma
06:20pm-06:40pm	2. Nutritional Supplementation along with GLP1Ra Therapies	Dr. Aniket Inamdar
06:40pm-07:00pm	3. Nutritional Supplementation after Bariatric Surgery	Dr. Dhruvi Hasnani



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COLLIP HALL- Day-1: 15-08-2026

Time	Topic	Judges: Dr. sonika lamba, Dr. Amit Sharma Dr. Saurabh Srivastava
02:00pm-04:00pm	ORAL PAPER - PRESENTATION	
	Stop-Bang Questionnaire As A Predictor Of Obstructive Sleep Apnea Risk In Type 2 Diabetes Mellitus: A Comparative Cross Sectional Study With Non-Diabetic Individuals	Dr. Vaghasiya Ravi Jaysukhbhai
	Diabetic Moebius Palsy: A Rare Twist In A Common Disease	Dr. Sagar Sunil
	Diabetic Hyperglycemia Induces Region-Specific Transcriptomic Remodeling In The Cochlea	Prof. Dr. Mihir
	Diabetic Animal Models: A Prospective Futuristics Outlook	Dr. Rishabh Bindal
	More Than Abdominal Pain: Severe Hypertriglyceridemia Revealing Occult Type 2 Diabetes Mellitus	Dr. Jatin Wadhwa
	Correlation Of Serum Vitamin D Levels With Glycemic Control And Lipid Profile In Patients Of Type 2 Diabetes Mellitus: A Cross-Sectional Study	Dr. Manmeet Singh
	Physician Perspectives On Triple Fixed-Dose Combinations In The Management Of Type 2 Diabetes Mellitus In India: Findings From The Triple Act Survey	Dr. Vijaykumar Bharat Kadam
	Correlation Of Mean Platelet Volume With Glycemic Control And Renal Dysfunction In Patients Of Type 2 Diabetes Mellitus: A Cross-Sectional Study	Dr. Arushi
	Bilateral Lower Limb Edema As An Initial Presentation Of Type 2 Diabetes Mellitus With Generalized Lymphadenopathy: A Diagnostic Challenge	Dr. Jeel Mangrola
	Smart Dm Consensus: Indian Expert Recommendations On The Clinical Role Of Dapagliflozin-Sitagliptin Combination Therapy In Type 2 Diabetes Mellitus	Dr. Navnit Wadwa



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BEST HALL- Day-2: 16-08-2026

Time	Topic	Speaker
10:00am-11:15am	SESSION 1 – Reframing Obesity Management, Multiorgan Risk & Incretin Therapies	
10:00am-10:15am	Obesity as a Chronic Disease: Beyond the BMI Paradigm	Dr. Gaurab Bhaduri
10:15am-10:30am	One Disease, Many Organs: The Silent Progression from Fat to Organ Dysfunction	Dr. Vipul Gupta
10:30am-10:45am	The Incretin Advances: Mono-Agonism to Dual Agonism in Treatment of Obesity and Its Clinical Implications	Dr. Kunal Thakkar
10:45am-11:00am	Putting It All Together: Integrating Evidence into Practice, Followed by Concluding Remarks	Dr. Hanish Gupta
11:00am-11:15am	Panel Discussion Q & A	Moderator: Dr. D G Pandey
11:15am-12:15pm	AI for improving outcomes in Clinical Practice	Moderators: Dr. Paras Gangwal, Dr. Sanjay Singla
11:15am-11:35am	1. How can AI help in Improving Clinical Practice?	Dr. David Strain
11:35am-11:55am	2. Prompt Engineering	Dr. Alok Modi
11:55am-12:15pm	3. AI Applications for Diabetesity Practice	Dr. Bharat Saboo
12:15pm-01:00pm	BGM(Blood Glucose Monitoring) for CGM	Moderators: Dr. Vijay Arora, Dr. Nikhil Pursnani
12:15pm-12:40pm	1. BGM - Why, When and How	Dr. Pooja Relia
12:40pm-01:00pm	2. BGM for CGM	Dr. B M Makkar



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BEST HALL- Day-2: 16-08-2026

Time	Topic	Speaker
02:00pm-03:00pm	SESSION 2 – Reimagined: Holistic Care in the Era of Tirzepatide	
02:00pm-02:05pm	Context Setting	Dr. Ajay Yadav
02:05pm-02:20pm	Glycaemic Control: Driving Patients to Near-Normal Glucose	Dr. Rajesh Kesari
02:20pm-02:35pm	Weight & Metabolic Health: Targeting the Root, Not Just Symptoms	Dr. Ritesh Bansal
02:35pm-02:50pm	Multisystem Burden of T2D: Heart, Kidney, Liver and Beyond	Dr. Shalini Jaggi
02:50pm-03:00pm	Panel Discussion Q & A	Moderator: Dr. Ajay Yadav
03:00pm-04:00pm	SESSION 3 – Beyond the Scale: Redefining Obesity	
03:00pm-03:05pm	Introduction and Context Setting	Moderator: Dr. Meena Chhabra
03:05pm-03:20pm	Beyond BMI: Practical Diagnosis & Risk Stratification in Obesity	Dr. Sanjay Gupta
03:20pm-03:35pm	Bridging the Gap: Overcoming Clinical Inertia in Obesity Management	Dr. Pawan Goel
03:35pm-03:50pm	The Long Game: Sustained Outcomes & Chronic Care Model in Obesity	Dr. Reema Kashiwa
03:50pm-04:00pm	Panel Discussion Q & A	Moderator: Dr. Meena Chhabra



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SIMS HALL- Day-2: 16-08-2026

Time	Topic	Speaker
HEM – OBESITY MASTER CLASS (Health Education Meeting, 3 Hr 15 Min)		
10:00am-11:15am	Science of Obesity	
10:00am-10:15am	Obesity in India	Dr. Ajoy Tiwari
10:15am-10:30am	Obesity Is a Chronic Disease	Dr. Ajay Kumar Gupta
10:30am-10:45am	How Does Obesity Compromise Overall Health	Dr. Hitesh Punyani
10:45am-11:00am	Bias and Stigma in Obesity	Dr. Rakesh Sood
11:00am-11:15am	Discussion and Q & A	Moderator: Pankaj Aneja
11:15am-12:15pm	Obesity in Motion	
11:15am-11:30am	Guidelines in Management of Obesity	Dr. Rupam Das
11:30am-11:45am	Diagnosing Obesity: Going Beyond BMI	Dr. Rutul Gokalani
11:45am-12:00pm	Treatment Approaches for Obesity Management	Dr. Sunil Kohli
12:00pm-12:15pm	Discussion and Q & A	Moderator: Ashish Saini
12:15pm-01:00pm	Clinical Practice Integration	
12:15pm-12:30pm	Obesity with T2D	Dr. Pankaj Nand Chaudhary
12:30pm-12:45pm	Obesity with MASH	Dr. V.K. Goyal
12:45pm-01:00pm	Obesity with OSA	Dr. G S Gupta
01:00pm-01:45pm	Discussion and Q & A	Moderator: Sushil Chauhan
02:00pm-04:00pm	MANKIND SESSION	



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COLLIP HALL- Day-2: 16-08-2026

Time	Topic	Speaker
SESSION OPTIONS – MOUNJARO SYMPOSIA		
02:00pm–03:15pm	SESSION A – Duration: 60 Minutes	
02:00pm–02:15pm	Foundations of Obesity Biology and Dual-Agonist Therapy	Dr. Bikas Bhattacharya
02:15pm–02:30pm	Dual Agonism: A New Frontier in Obesity & T2D Care	Dr. Rajiv Awasthi
02:30pm–02:45pm	Mounjaro: A Unified Strategy for Metabolic Disease	Dr. Shalin Shah
02:45pm–03:00pm	Case Discussion: Real-World Experience with Mounjaro	Dr. Deepak Gupta
03:00pm–03:15pm	Q & A	Moderator: Vipul Chavda
03:15pm–04:15pm	SESSION B – Duration: 60 Minutes	
03:15pm–03:30pm	Rethinking Metabolic Disease Through the Lens of Obesity	Dr. A K Manchanda
03:30pm–03:45pm	Integrating Evidence into Clinical Practice	Dr. Malay Parekh
03:45pm–04:00pm	Case Discussion: Real-World Experience with Mounjaro	Dr. Girish Khurana
04:00pm–04:15pm	Q&A	Moderator: Satinath Mukhopadhyay



Note

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WELCOME TO THE NEXT ERA OF ACCD 2026

FROM DIABETES TO
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THE EVOLUTION
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ACCD 2026

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